

## Full Report (All Nutrients) 45185077, SPROUTED RICE BLEND, UPC: 711535508328

[Powered by LabelInsight](#)

**Report Date: June 13, 2017 08:52 EDT**

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer WILD HARVEST

Nutrient	Unit	Data points	Std. Error	0.75 CUP PREPARED   ABOUT 45g	1 Value Per100 g
<b>Proximates</b>					
Energy	kcal	--	--	160	356
Protein	g	--	--	3.00	6.67
Total lipid (fat)	g	--	--	1.00	2.22
Carbohydrate, by difference	g	--	--	34.00	75.56
Fiber, total dietary	g	--	--	2.0	4.4
Sugars, total	g	--	--	0.00	0.00
<b>Minerals</b>					
Calcium, Ca	mg	--	--	20	44
Iron, Fe	mg	--	--	0.72	1.60
Sodium, Na	mg	--	--	0	0
<b>Vitamins</b>					
Vitamin C, total ascorbic acid	mg	--	--	0.0	0.0
Vitamin A, IU	IU	--	--	0	0
<b>Lipids</b>					
Fatty acids, total saturated	g	--	--	0.000	0.000
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	0	0

### Amino Acids

### Other

### Ingredients

SPROUTED BROWN RICE, SPROUTED RED RICE, SPROUTED BLACK RICE *Date Available:* 11/02/2016 *Date Last Updated by Company:* 11/02/2016